

## DIABETIC RECIPE OF THE MONTH — DECEMBER 2006

### Garlic and Cheese Biscuits

- 2 cups buttermilk baking mix
- ½ cup shredded cheddar cheese
- ¼ cup butter, melted
- ½ teaspoon garlic powder
- ⅔ cup milk

Combine buttermilk baking mix, milk, and cheese. Mix with a wooden spoon until soft dough forms. Beat vigorously for 30 seconds. Drop dough by the heaping tablespoon onto an ungreased cookie sheet. Bake at 450° for eight to ten minutes or until golden brown. Combine melted butter and garlic powder; brush over warm biscuits. Serve warm. **YIELD: 1 dozen**

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